

Lucy C. Niess, PhD

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Education

- Doctor of Philosophy, Communication Studies* Spring 2022
Arizona State University, Tempe, AZ
Hugh Downs School of Human Communication
Dissertation: *Why Can't You Have Both?: Theorizing Compulsory Monogamy and its Influences upon Polyamorous Identities and Experiences*
Committee: Drs. Laura Guerrero, Loretta LeMaster, and Eric Margolis
Areas of Concentration: Critical interpersonal communication; interpersonal/relational communication; sexual communication; health communication; critical studies; qualitative research methods
- Master of Arts, Communication Studies* Summer 2014
California State University, Fullerton, Fullerton, CA
Thesis: *That's what she said: Parent-child communication about sex*
- Bachelor of Arts, Communication Studies* Spring 2012
California State University, Fullerton, Fullerton, CA
Minor: Japanese Language

Research

Publications

- Niess, L. C. (2020). *Ask first: Communicating consent and sexual safety within the BDSM culture*. Manuscript submitted for publication.
- Ray, C. D., Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019). Planning improves vocal fluency and appearance of concern when communicating emotional support. *Communication Research Reports*, 36, 57-66. <https://doi.org/10.1080/08824096.2018.1560251>
- Rubinsky, V., & Niess, L. C. (2021, March 25). Relational communication and consensual non-monogamy. In *Oxford Research Encyclopedia of Communication*. Oxford University Press. <https://doi.org/10.1093/acrefore/9780190228613.013.1173>
- Zanin, A., Adame, E. A., Niess, L. C., & Martinez, L. V. (2020). Negotiating identity and the development of incremental mindset in a female adolescent sport context. *Journal of Applied Sport Psychology*, 1-25. <https://doi.org/10.1080/10413200.2020.1783389>

Zanin, A., Martinez, L. V., & Niess, L. C. (2021). Fragmenting feminine-athletic identities: Identity turning points during girls' transitions into high school. *Communication and Sport*, 1-24. <https://doi.org/10.1177/21674795211012991>

Competitive Conference Papers and Presentations

Waldron, V. R., Niess, L. C., Martin, J., Reutlinger, C., & O'Neil, E. (2021, November 18-21). *"We are all in this together": Which memorable moral messages guide student responses to the covid-19 pandemic? "Top Paper"* (Communication Ethics Division). 107th annual National Communication Association Conference, Seattle, WA. <https://www.natcom.org/nca-107th-annual-convention-renewal-and-transformation>

Niess, L. C. (2020, November 19-22). *Analyzing the anxiety and uncertainty levels and sensemaking processes of the COVID-19 pandemic with people who are playing Animal Crossing: New Horizons*. Communication During Gameplay. 106th annual National Communication Association Conference, Indianapolis, IN. <https://www.natcom.org/nca-106th-annual-convention-communication-crossroads>

Niess, L. C. (2020, November 19-22). *"I know he's down, yet I can't ask for it": An autoethnography on the challenges a sex-positive non-monogamous individual faces when disclosing sexual preferences*. Sexual Communication at the Crossroads: Utilizing Multiple Theoretical and Methodological Perspectives to Explore Sexual Communication and its Consequences. 106th annual National Communication Association Conference, Indianapolis, IN. <https://www.natcom.org/nca-106th-annual-convention-communication-crossroads>

Zanin, A., Martinez, L. V., & Niess, L. C. (2020, November 19-22). *Fracturing or galvanizing feminine-athletic identities: Identity turning points during girls' transitions into high school*. Communication and Sport High Density: Showcasing the Breadth of Communication and Sport Research. 106th annual National Communication Association Conference, Indianapolis, IN. <https://www.natcom.org/nca-106th-annual-convention-communication-crossroads>

Niess, L. C., & Bryant, G. (2020, May 20-27). *Ask first: Communicating consent and sexual safety within the BDSM culture*. Sex, Gender, and Identity. 70th annual International Communication Association Conference, Gold Coast, Australia. <https://www.icaheadq.org/page/ICA2020>

Zanin, A., Adame, E. A., Niess, L. C., & Martinez, L. V. (2020, May 20-27). *"No one wants to be called a 'Try Hard'": Negotiating Identity and the Development of Incremental Mindset in Girls Youth Sport*. "Top Paper" (Sports Communication Interest Group Top Papers Session). 70th annual International Communication Association Conference, Gold Coast, Australia. <https://www.icaheadq.org/page/ICA2020>

Niess, L. C. (2019, November). *Don't touch the glass: An autoethnography on being held for observation in a mental health clinic for depression*. Disability Issues Caucus. Paper

presented at the 105th annual convention of the National Communication Association. Baltimore, MD.

Ray, C. D., Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019, February). *Planning improves vocal fluency and appearance of concern when communicating emotional support*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.

Niess, L. C. (2018, July). *Conflict within families when coming out as polyamorous: A parallel to coming out as LGBTQIA*. Poster session presented at the 2018 International Association for Relationship Research Conference. Fort Collins, CO.

Niess, L. C. (2016, June). *That's what she said: Parent-child communication about sex*. Interpersonal Communication in Families. Paper presented at the 66th annual convention of the International Communication Association. Fukuoka, Japan.

Teven, J., Niess, L. C., & Kelley, H. (2016, June). *Teacher caring in the college classroom: Relationships with immediacy, clarity, and self-disclosure*. Emotions and Beliefs: The Power of Internal Forces in the Classroom. Paper presented at the 66th annual convention of the International Communication Association. Fukuoka, Japan.

Niess, L. C., Kelley, H., & Teven, J. (2014, November). *An assessment of an undergraduate lab director program for use in the basic communication course: A Five-year review*. “**Top Competitive Paper**” (Basic Course Division). Paper presented at the 100th annual convention of the National Communication Association. Chicago, IL.

Invited Conference Panels

“No need to wear masks. We’re family! Right?...’: Merging Autoethnography with Communication Theory to Transform Family Communication in Times of Uncertainty” Panelist, panel presentation at the National Communication Association, November 2021, Seattle, WA.

“Power, Resistance, and Identity in D&D and Communication” Panelist, panel presentation at the National Communication Association, November 2021, Seattle, WA.

“At a Crossroads with COVID: Gaming in the Era of a Global Pandemic” Panelist, panel presentation at the National Communication Association, November 2020, Indianapolis, IN.

“Interpersonal Communication at the Crossroads: Critical Interpersonal and Family Communication, Institutional Support, and Creating the Scholars of Tomorrow” Panelist, panel presentation at the National Communication Association, November 2020, Indianapolis, IN.

“Interpersonal Ties: Examining Social Networks” Chair/Respondent, panel presentation at the International Communication Association, May 2020, Gold Coast, Australia.

“Critical conversations about sexual health” Chair/Respondent, panel presentation at the Western States Communication Association, February 2018, Santa Clara, CA.

“Effective teaching and assessment strategies for the human communication course,” Respondent/Discussant, panel presentation at the Southern California Communication Symposium, October, 2013, Fullerton, CA.

Grant and Funding Activity

Arizona State University

Research funding from the Transformation Project initiative at the Hugh Downs School of Human Communication, Fall 2019. \$500.00.

Research funding from the Transformation Project initiative at the Hugh Downs School of Human Communication, Fall 2018. \$500.00.

Summer research assistant. Hired to gather qualitative data on female athletic identities from female adolescent soccer players in the Maricopa county area. This project team was researching the fixed vs. growth mindset regarding sports and identity. \$500.00.

Teaching Experience

Graduate Courses

Arizona State University, Tempe, AZ

August 2020

Seminar assistant—helped construct syllabus, activities, and assignments with primary instructor; served as lecturer and discussion leader on several lessons; held office hours to answer questions for students

- COM 691 – *Survey of Relational Communication* (remote)

Undergraduate Courses

Arizona State University, Tempe, AZ

August 2017-Present

Instructor on record—created syllabi, activities, lectures, assignments, grading rubrics, & exams.

- COM 410 - *Interpersonal Communication Theory and Research* (in-person & remote)
- COM 408 - *Quantitative Research Methods in Communication* (online)
- COM 407 – *Advanced Critical Methods in Communication*
- COM 312 - *Communication, Conflict, and Negotiation* (online)
- COM 310 - *Relational Communication*
- COM 308 - *Advanced Research Methods in Communication* (in-person & remote)
- COM 230 - *Small Group Communication*

- COM 225 - *Public Speaking*
- COM 207 - *Introduction to Communication Inquiry* (in-person & remote)
- COM 110 - *Elements of Interpersonal Communication* (in-person & remote)

Teaching assistant—Assisted main instructor with assignment/exam grading & course lectures

- COM 310 - *Relational Communication*
- COM 207 - *Introduction to Communication Inquiry*
- COM 100 - *Introduction to Human Communication* (online)

Phoenix College, Paradise Valley Community College, & Chandler-Gilbert Community College
Phoenix, AZ | Paradise Valley, AZ | Chandler, AZ

January 2018-Present

Instructor on record—created syllabi, activities, lectures, assignments, grading rubrics, & exams.

- COM 270 - *Health Communication* (online)
- COM 225 - *Public Speaking* (in-person & online)
- COM 207 - *Introduction to Communication Inquiry* (online)
- COM 110 - *Introduction to Interpersonal Communication* (in-person, remote, & online)
- COM 100 - *Basics of Human Communication* (in-person & online)

San Bernardino Community College, San Bernardino, CA

January 2017

Instructor on record—created syllabi, activities, lectures, assignments, grading rubrics, & exams.

- COMMST 111 - *Interpersonal Communication*

California State University, Fullerton, Fullerton, CA

August 2012-May 2014 & August 2016

Instructor on record—created syllabi, activities, lectures, assignments, grading rubrics, & exams.

- HCOM 102 - *Public Speaking*
- HCOM 100 - *Basics of Human Communication*

Co-creator and Teaching assistant—Co-creator of the course with main instructor. Assisted main instructor with assignment/exam grading & course lectures.

- HCOM 210 - *Sexual Communication*

Teaching Assistant—Assisted main instructor with assignment/exam grading & course lectures

August 2010, January 2011, & January 2017

- HCOM 310 - *Sexual Communication*
- HCOM 100 - *Basics of Human Communication*
- JAPN 101 - *Fundamental Japanese*

Non-Academic Teaching Experiences

JET Programme

Koga Secondary School, Koga 1st High School, Koga 2nd High School, & Sanwa High School
July 2014-July 2016

Assistant Language Teacher (ALT)—Assisted the Japanese Teachers of English (JTE) in developing lesson plans for various classes; taught conversational English to junior high and high school students; researched various and more effective activities or approaches to teaching English as a second language; prepared lesson plans for various subject areas such as vocabulary, grammar, culture, and daily life; prepared visual aids, lecture notes, quizzes, and activities for various English subjects; assisted students with grammar and spelling on in-class assignments; attended and helped students in the English club with club activities and preparation for Interactive Forum and speech contests; helped students with private tutoring on speech writing and public speaking skills; graded assignments for spelling and grammar; encouraged student learning and engagement in English conversation; encouraged frequent English speaking inside and outside the classroom; encouraged students to engage with different cultures

United Nations University Global Seminar, Ibaraki, Japan
2015-2016

Learning Mentor—Served as a mentor to a group of five Japanese high school seniors in Japan. Designed and gave lectures on specialized topics, led group discussions, and designed skills workshops in research to help the students prepare for a trip to the United Nations University in Tokyo. Helped students develop their English-speaking skills and heighten their globally mindful critical thinking skills.

Invited Talks and Lectures

Guest lectured on organizations and power for an organizational communication class, Fall 2021.

Guest lectured on disability and gender for a rhetoric class, Fall 2021.

Guest lectured on central tendencies and how to use Qualtrics for a quantitative methods class, Fall 2021.

Guest speaker on friend zones and long-distance relationships for the Red Rock Relationships podcast, February 2021 & September 2021.

Guest lectured on polyamory for a relational communication class, Fall 2018 & Fall 2020.

Guest lectured on theory and media theory for a communication theory class, Spring 2019.

Facilitated a civil dialogue for an intercultural communication undergraduate course, Fall 2018.

Guest lectured on polyamory for a sexual communication class, Spring 2018.

Invited to participate in the World Culture Seminar hosted by the Ibaraki International Association in Japan. I gave an academic presentation on communication about sexuality in the United States to Japanese adults, December 2014.

Professional Teaching Development

New Graduate Instructor Orientation (NGIO) Workshops, HDSHC, Arizona State University
August 2017-December 2017

Attended bi-weekly workshops throughout the semester that focused on time management, classroom organization, course management, and critical teaching pedagogy. Discussions centered around classroom concerns and ways in which the classroom can be improved to enhance student learning. Required to reflect upon one's pedagogy and construct a teaching philosophy.

Graduate Teaching Training Orientation, HDSHC, Arizona State University
August 2017

Focused on the introduction of the university culture, the student body, and the department. Discussion centered around campus resources for students, student behavior, university policies, and training around the use of technology in the classroom.

Service

Service to Department

Arizona State University

Moderator, “#AltAC: From Academy to Industry” sponsored by the Transformation Project initiative, Spring 2021.

Student Ambassador, Scholar visit to the “Communication Pedagogy as Conversation Symposium” sponsored by the Transformation Project initiative, Fall 2019.

Active Member, HDSHC Transformation Project initiative, September 2017-Present.

Active Member, HDSHC Health Communication initiative, September 2017-Present.

Service to Discipline

Reviewer, Game Studies Division, National Communication Association (NCA), April 2021.

Reviewer, Health Communication Division, National Communication Association (NCA), April 2021.

Reviewer, Interpersonal Communication Division, International Communication Association (ICA), November 2020.

Reviewer, Visual Communication Division, International Communication Association (ICA), November 2020.

Reviewer, Game Studies Division, National Communication Association (NCA), April 2020.

Reviewer, Interpersonal Communication Division, International Communication Association (ICA), November 2019.

Reviewer, Health Communication Division, International Communication Association (ICA), November 2019.

Reviewer, Interpersonal Communication Division, International Communication Association (ICA), November 2017.

Reviewer, Lesbian, Gay, Bisexual, Transgender and Queer Studies Division, International Communication Association (ICA), November 2017.

Volunteer debate judge for the All Japan High School English Debate Association (HEnDA) 8th National High School English Debate Tournament, October 2014.

Executive Secretary, CSUF Lambda Pi Eta Honor Society, August 2013-May 2014.

Memberships

Lambda Pi Eta Honor Society

Professional Affiliations

International Communication Association (ICA)

National Communication Association (NCA)

Western States Communication Association (WSCA)

International Association for Relationship Research (IARR)

Languages

English – Native language

Japanese – Listen, speak, read, and write with basic competence